

LIVING FAITH

FIRST SUNDAY OF LENT

March 10, 2019



THE GOSPEL FOR TODAY

Lk 4:1-13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." ' When the devil had finished every test, he departed from him until an opportune time.

TAKING THE GOSPEL HOME

In today's Gospel, Jesus is tempted. Usually, we are tempted by things that are attractive to us; very few people are tempted by things they don't like. But we can like things that are not good for ourselves or for others. Jesus resisted the devil's temptation to:

- Create bread out of stones to relieve his own hunger (the temptation to self-gratification);
- Leap from a pinnacle and rely on angels to break his fall (the temptation to self-reliance);
- Kneel before Satan in return for all the kingdoms of the world (the temptation to materialism).

PONDER AND DISCUSS

- How do you resist temptation? What helps you not to give in?

The Temptation of Jesus



Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2a (NIV)

Each line of the puzzle has one word hidden in a list of random letters. The blank space is a missing letter that belongs to that word. Fill in the missing letter.

1.	U	M	H	R	B	R		A	D	J	S	P	O
2.	Z	F	P	E	W	O		L	D	Q	Y	X	V
3.	J	I	H	E	B	D		S	E	R	T	S	W
4.	M	R	C	Y	H	A		T	O	N	E	R	X
5.	B	L	S	A	R	M		U	N	G	R	Y	G
6.	M	W	O	R	S	H		P	T	R	Z	X	J
7.	R	Z	C	T	E	M		T	E	D	Q	R	Q
8.	T	K	A	N	G	E		S	P	Y	I	Y	X

DESERT
TEMPTED

HUNGRY
STONE

BREAD
WORSHIP

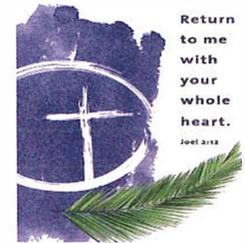
WORLD
ANGELS

Lent Year C 2019

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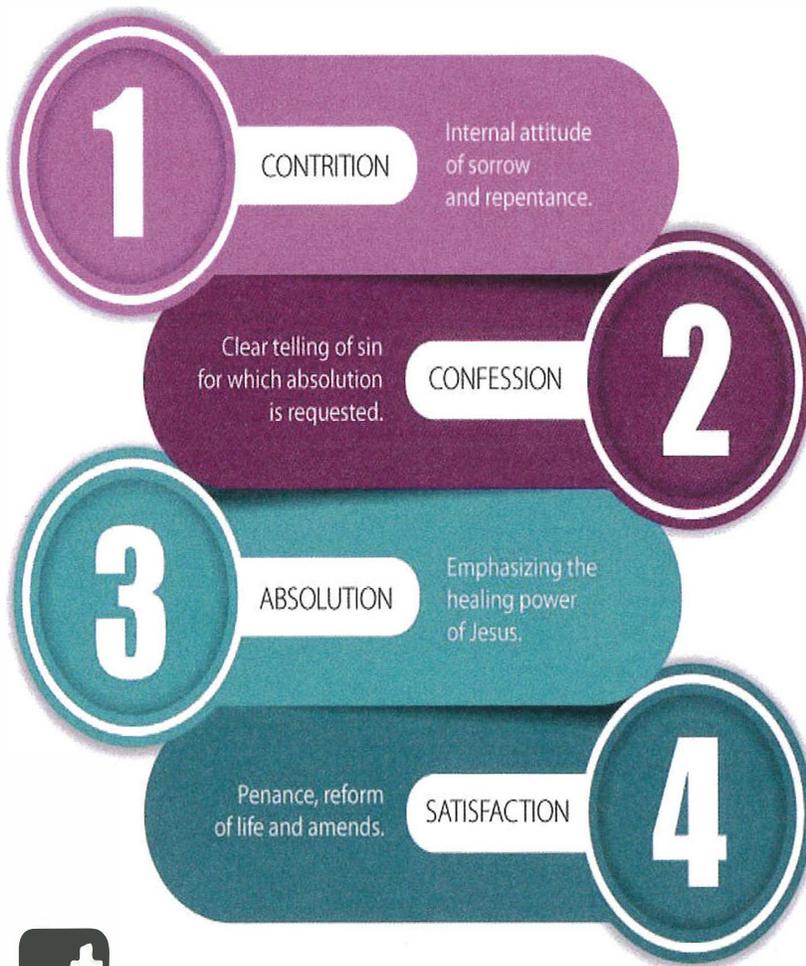
<http://www.eepurl.com/cimDOL>

THE CHURCH TEACHES RECONCILIATION



The 4 Traditional Parts of Reconciliation

The Catechism of the Catholic Church (1491–1494) teaches that the sacrament's two essential elements are the human part (through the action of the Holy Spirit; numbers one, two and four below) and God's action (through the intervention of the Church; number three below.)



SOURCE: THE CATHOLIC SOURCE BOOK 2007

WHAT IS THIS SACRAMENT CALLED? (from the *Catechism of the Catholic Church*)

1423 It is called the *sacrament of conversion* because it makes sacramentally present Jesus' call to conversion, the first step in returning to the Father⁵ from whom one has strayed by sin.

It is called the *sacrament of Penance*, since it consecrates the Christian sinner's personal and ecclesial steps of conversion, penance, and satisfaction.

1424 It is called the *sacrament of confession*, since the disclosure or confession of sins to a priest is an essential element of this sacrament. In a profound sense it is also a "confession" - acknowledgment and praise - of the holiness of God and of his mercy toward sinful man.

It is called the *sacrament of forgiveness*, since by the priest's sacramental absolution God grants the penitent "pardon and peace."⁶

It is called the *sacrament of Reconciliation*, because it imparts to the sinner the love of God who reconciles: "Be reconciled to God."⁷ He who lives by God's merciful love is ready to respond to the Lord's call: "Go; first be reconciled to your brother."

View this short three minute video about Lent here: <https://bustedhalo.com/video/watch-lent-3-minutes>



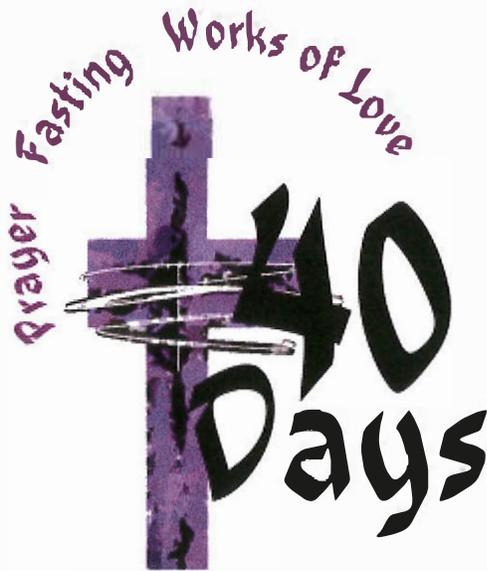
LENT

GIVING UP AND TAKING UP

Things to give up for Lent:

- The phrase, "I can't even."
- Rolling your eyes at your parents [or spouse or co-workers, for older folks].
- Not smiling at strangers.
- Trolling online.
- Being sarcastic.
- Using the word "bae."

Being embarrassed when you need help from a therapist in order to live a happy, full life.



Things to start doing for Lent:

- Give away something every single day, be it time, money, or something you own.
- Get help with your depression.
- Volunteer once a week at a soup kitchen.
- Give away 10 shirts, two pairs of pants and a pair of shoes.
- Use your weekends to babysit for free.
- Make a list of 40 people who have touched your life and write one each day with a letter of appreciation.



View Busted Halo's 2019 Digital Lenten Calendar here: <https://lent.bustedhalo.com/>