

# LIVING FAITH

## EIGHTH SUNDAY IN ORDINARY TIME

Archdiocese of St. John's



March 3, 2019

### THE GOSPEL FOR TODAY

#### Lk 6:39-45

He also told them a parable: 'Can a blind person guide a blind person? Will not both fall into a pit? A disciple is not above the teacher, but everyone who is fully qualified will be like the teacher. Why do you see the speck in your neighbour's eye, but do not notice the log in your own eye? Or how can you say to your neighbour, "Friend, let me take out the speck in your eye", when you yourself do not see the log in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbour's eye.

'No good tree bears bad fruit, nor again does a bad tree bear good fruit; for each tree is known by its own fruit. Figs are not gathered from thorns, nor are grapes picked from a bramble bush. The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil; for it is out of the abundance of the heart that the mouth speaks.

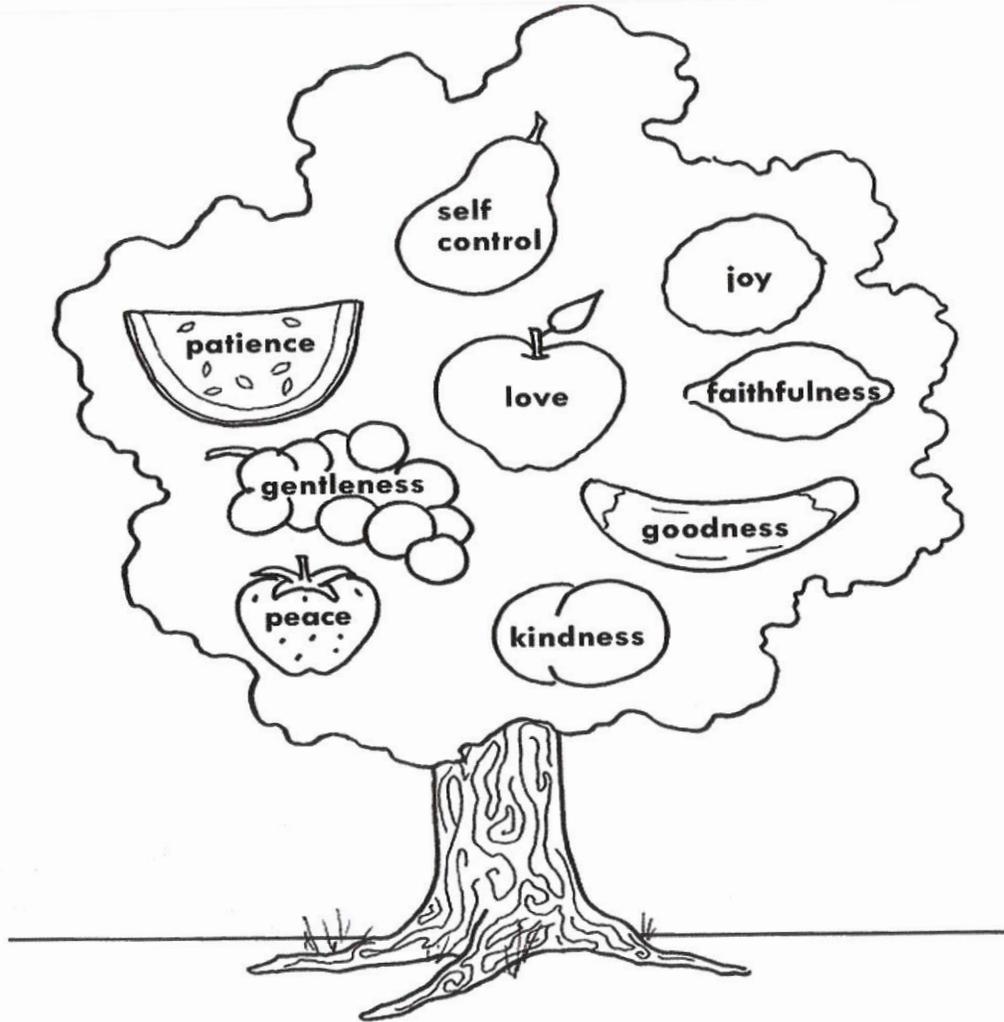
### TAKING THE GOSPEL HOME

The key to understanding what Jesus is saying in the Gospel today lies in the final words: "The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil; for it is out of the abundance of the heart that the mouth speaks." What is in your heart shows in your actions. There is a saying that captures this beautifully—"By their fruits, you will know them." The follower of Jesus builds a "good treasure of the heart" by consistently practicing love, charity, kindness, gratitude, forgiveness, peace, non-violence, gentleness, humility and the other virtues of the Christian life.

### PONDER AND DISCUSS

- What virtues do you admire in others?
- How would you go about practicing these virtues?
- How do others know that you hold certain virtues and consider them important?

Fruits of the Holy Spirit Coloring page: List some ways these can be seen in our Family activities this week!



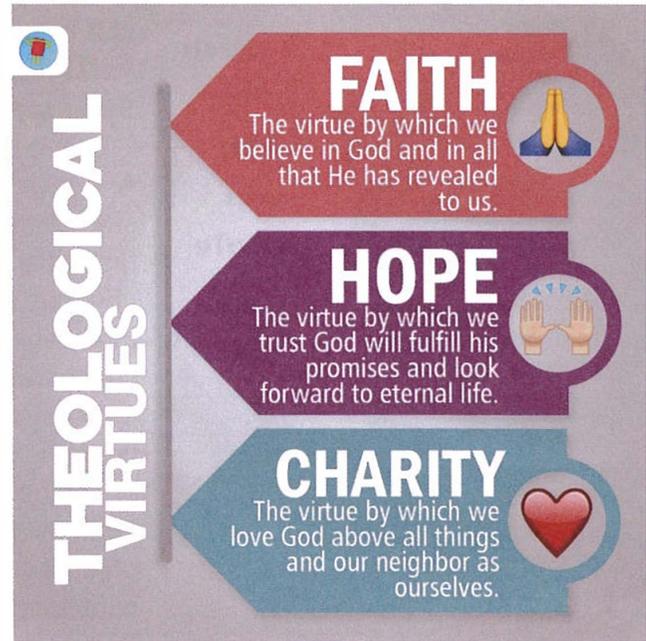
Audio/ Visual about the Fruits of the Spirit can be found here:  
<https://youtu.be/ymNuBZXCK20>

# THE CHURCH TEACHES VIRTUES

## THE CARDINAL VIRTUES

CARDINAL VIRTUES	DESCRIPTION
Prudence	the ability to make right choices in life; it tells us what we should do in order to be faithful to Jesus
Justice	helps us to live honestly by respecting the rights of others; an unjust person thinks only of him/herself their needs
Temperance	the power to control ourselves (physical needs, emotions, etc.)
Fortitude	the courage to help us face danger and difficulty with inner peace; it allows us to carry out our duties even if it requires great sacrifice and suffering (e.g. the martyrs of our Church)

## THE THEOLOGICAL VIRTUES



From the *Catechism of the Catholic Church*, #1803...

"Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things."

A virtue is an habitual and firm disposition to do the good. It allows the person not only to perform good acts, but to give the best of himself. The virtuous person tends toward the good with all his sensory and spiritual powers; he pursues the good and chooses it in concrete actions.

The goal of a virtuous life is to become like God.

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