



Alzheimer Society of Newfoundland & Labrador is advancing the **Family Support Group** development in your community.

How can you help?

- Join the Senior Advisory Committee
- Distribute posters
- Become a facilitator
- Recruit others in the community

Benefits of the group:

- Gain friendships & support
- Develop communication skills
- Exchange information
- Learn practical tips & coping strategies

Contact us to learn how you can support those living with dementia in your community!

709-576-0608 / 1 (877) 776-0608

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Alzheimer Society

NEWFOUNDLAND & LABRADOR