

Online Gottman Therapist Training

Level I: **June 22-23, 2020** Level II: **June 24-26, 2020 (Atlantic Time)**

Unique One-Time Online Learning Opportunity

30% more time for consultation with two Master Trainers

Receive access to an online manual and videos



Mike Fidler, MSW RSW, is a Gottman Master Trainer. Mike has over 30 years of assisting couples as a relationship therapist. Prior to this, Mike was a

child abuse specialist for 12 years and taught both provincially and nationally for over 6 years for the Institute for The Prevention of Child Abuse. Mike is known for his clinical experience, conceptual clarity, and humour.

Vagdevi Meunier, PsyD, is a Gottman Master Trainer. Vagdevi is a licensed psychologist with over 35 years of

psychotherapy experience with a specialization in couples therapy. She has extensive experience with multicultural psychology, especially eastern influences on psychological practice, and cross-cultural research on relationships. Vagdevi has presented to professional and lay audiences in the US, Canada, and India.



The Gottman Method

Developed by Drs. John and Julie Gottman, the Gottman Method is a couple's therapy approach which integrates assessment, research-based practice, and the Sound-Relationship House Theory. Over 3,000 case studies and 35 years of work have generated a deep understanding of how functional relationships work. Visit www.gottman.com.

Couple's Therapy Clinical Training

Level I Gottman Method Couple's Therapy

Occurring over two days, this workshop will immediately empower your work as a couple's therapist. This method allows you to understand theory, assess, and intervene in negative cycles, replacing them with friendship, positive conflict, and meaning. **CE Available**

Level II Assessment, Intervention, & Comorbidities

This three-day workshop will hone clinical skills and provide more resources to integrate the Gottman Method into your practice. The workshop builds on your knowledge, and develops your skills via role play, demonstration, and case discussion. **CE Available**

Email: PositiveRelationship2@gmail.com **Phone:** 1-800-848-5632 **Website:** fidlerassociates.com

Workshop Objectives

Clinicians will gain new skills in assessment, intervention and relapse prevention, and dramatically increase effectiveness in helping couples manage conflicts and strengthen friendship and intimacy.

Participants will be able to:

1. Summarize the research that allows prediction of future relationship stability with 94% accuracy
2. Describe the seven levels of the Sound Relationship House theory
3. Conduct a couple's therapy assessment using elements of the couple's narrative, the Oral History interview, written questionnaires, observations of conflict, and individual interviews
4. Describe two interventions for each: to help strengthen a couple's management of conflict, to enhance a couple's friendship system; and to explore a couple's system of shared meaning.

What you will receive:

- ◆ Great price including an online version of the manual, valued at \$250-375
- ◆ Immediate access to online videos creating greater training time flexibility
- ◆ Live training from two Master Trainers with a combined 70 years of clinical experience
- ◆ 30% more time for consultation than the live teaching format
- ◆ Priority access to future Level III training on the East Coast

Pricing

Level I : \$329.00

Level II : \$499.00

Combined I & II : \$759.00

The lowest prices ever

What You Will Learn

This inspirational two-day workshop is designed to immediately empower your work as a couples' therapist. Clinicians who take this workshop will be equipped with new methods and tools to help couples break the cycle of criticism, defensiveness, contempt, and stonewalling. Through demonstrations and videos from the clinical office, you'll see how to apply the research-based principles and interventions of Gottman Method Couples Therapy, including:

1. New research-based assessments and effective interventions to help understand couples' struggles
2. Research-based strategies and tools to help couples successfully manage conflict
3. Skills that empower couples to dialogue about their worst gridlocked issues
4. Methods to help couples process their fights and heal their hurts
5. Techniques for couples to deepen their intimacy and minimize relapse.

Contact us to Register

Email: PositiveRelationship2@gmail.com

Phone: 1-800-848-5632